

# Physician CONNECTION

Published for the Physicians of Hurley Medical Center



## CALENDAR

### September 19, 2013

*"Bone Health & Fragility Fracture Management"*

Holiday Inn Gateway Centre

5:00 – 7:30 pm

Approved for AMA PRA Category 1 Credit™

To register call: 1.855.310.3627

### September 26, 2013

*EPIC/EMR Implementation Educational Series*

Hurley Medical Center

Charles White Conference Center

7:30 – 8:30 am

Approved for AMA PRA Category 1 Credit™

Regular scheduled series (grand rounds) format does not require RSVP

## Announcing Hurley Vascular Center's Newest Location

1125 South Linden Road,  
Suite 100, Flint

Appointments are now available with Hurley Vascular Surgeons Dr. Mohmmmed Margni and Dr. Babatunde Almaroof by calling 810.262.6555.

THE  
**HURLEY**  
VASCULAR  
CENTER

## Pinnacle Award Recipient – Primary Care Physician

Khalid Ahmed, MD, Internal Medicine  
Michigan Health Specialists

*"We are here to add what we can to life, not to get what we can from life." – Sir William Osler*

Dr. Ahmed first heard about Hurley Medical Center in 1992 from friends and fellow medical students, Dr. Elmahdi Saeed and Dr. Seif Saeed. While completing his internal medicine training in the United Kingdom and contemplating future plans, Dr. Ahmed followed his friends' advice and made a trip to the United States to interview with Dr. Bachuwa and Dr. McIntosh for Hurley's Internal Medicine Residency Program. The decision was easy – soon thereafter, Dr. Ahmed was packing his bags for a move to Flint, Michigan.

Upon completion of the residency program in 1996, Dr. Ahmed indicated he knew without hesitation that he wanted to plant his roots here and joined Hurley's medical staff. "I was proud to be joining my colleagues on the Hurley team. The values and mission at Hurley were, and still are, the perfect match for me," said Dr. Ahmed.

Dr. Ahmed is passionate about the clinical care and personal interactions he has with his patients. He also enjoys being an active member of academic, community and professional organizations. Dr. Ahmed shared, "Much of my happiness comes from knowing that I'm helping others. Providing a positive image and leadership is vital to the survival of our community. I'm glad I'm able to contribute."

Born in Sudan, Dr. Ahmed is one of five siblings. At a young age his family moved to Kosti, a town on the banks of the White Nile, where they remained and the children attended school. His parents, Mohamed and Khadija, raised their moderate family on an income from his father's furniture business, which he still runs today at the age of 83.

After finishing his secondary education, Dr. Ahmed moved to Khartoum, Sudan to attend medical school at the University of Khartoum. Following graduation, he worked as a general physician in



## 2012 Pinnacle Award Program

October 11, 2013

8:30 am - 10:30 am

**Merliss Brown Auditorium,  
Hurley Medical Center**

*Continued on  
page 3*



Please share your stories. We'd love to hear from you.



Please go to the link and become a fan of our Hurley Medical Center page by clicking the "Like" button.

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## New MRI Visionary Technology for patients with metal implants

Patients who were previously unable to have MRI exams because of joint replacement artifacts on their images will now be able to use the MRI here at Hurley. We are the first in Genesee County and the surrounding area to have MAVRIC software which suppresses the artifact and allows the physician to assess the surrounding soft tissue.

MAVRIC SL is an application that addresses an unmet clinical need to more accurately image soft tissue and bone in patients with MR Conditional-labeled implants, such as joint replacements and other instrumentation. This new imaging technology was specifically developed by GE and cleared by the FDA for artifact reduction of MR Conditional-labeled implants. It's important to fully understand the difference in traditional artifact reduction techniques like MARS which can be offered by any MR provider offer a ~2x-3x reduction in metal artifact vs. MAVRIC SL which can offer up to a ~10x improvement in metal artifact reduction.

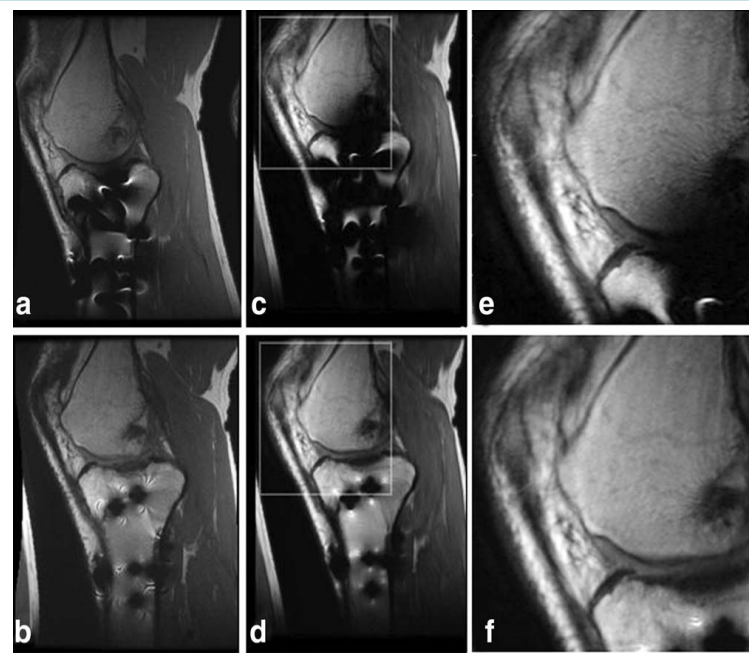


FIG. 2. (a) 2D-FSE, (b) SEMAC, (c) 3D-FSE, (d) MAVRIC, (e) indicated zoomed region in (c), (f) indicated zoomed region in (d).

Images courtesy of GE Healthcare

*For more information or to schedule an appointment for your patient, please call 810.262.9674.*

## Excellence in Spine and SportsCare

### Hurley adds Spine Care to SportsCare Outpatient Physical Therapy

Hurley outpatient physical therapy is excited to offer two comprehensive outpatient therapy programs in one convenient location. SportsCare, located on the 2nd floor of the Hurley Health & Fitness Center, has been providing excellent adult physical therapy care to the community for more than 20 years. In June, SportsCare expanded their program to include spine care using state-of-the-art MedX equipment. MedX is recognized as the Gold Standard for treating and reducing chronic back pain. Research studies have shown that strengthening exercises using the MedX lumbar machines help people get better faster even after multiple failed attempts at other forms of treatment.

#### Benefits of MedX Equipment

- Isolates muscles of the low back (most "low back machines" only strengthen the hamstrings and gluteals)
- Provides resistance over the full range of lumbar motion
- Promotes incredibly fast strength gains in only 15 minutes, two times per week
- Appropriate for every age group

#### Why this is so important?

A recent study published online in the JAMA Internal Medicine talked about newly published national guidelines which promote the use of physical therapy for patients with back problems. It suggests that following these guidelines represents a huge opportunity in terms of improving quality of care and reducing costs for patients. "We are so excited to be able to offer this state-of-the-art equipment as part of the great care we provide to our patients with low back pain," said Cathy Metz, PT, MBA, orthopedics administrator at Hurley. Hurley's Spine and SportsCare physical therapy center is ready to provide you and your patients with this care.



*For appointments, please call central scheduling at 810.262.2350.*

## Hurley Welcomes New Physicians:

Andrew Fras, MD – Orthopedic Trauma

Raymond Gagliardi, MD – Surgery Critical Care

Mouaz Sbei, MD – Neurology

### 2012 Pinnacle Award Recipient

*Continued from page 1*

Sudan and the Middle East. In 1988, Dr. Ahmed moved to the United Kingdom for residency training in Internal Medicine, culminating in certification by the Royal College of Physicians of Ireland. Dr. Ahmed moved to Flint, Michigan in 1993 to further his training as a resident in Hurley's Internal Medicine Residency Program.

Dr. Ahmed joined Hurley's medical staff in 1996 and approached Dr. Fleetwood about doing work with him. When asked by Dr. Fleetwood what he wanted for a salary, Dr. Ahmed simply replied, "anything." It was the beginning of a great friendship and growing practice. Today, Dr. Ahmed is a partner in Michigan Health Specialists, a primary care group with offices in five locations and with more than ten providers. In addition to being a clinical setting to treat patients, the offices also serve as robust training grounds for educating area students of all levels – high school students, medical students, PA's, NP's, residents and more.

Dr. Ahmed credits his mentor, Dr. Malik Balla, as being one of the most influential and remarkable people in his life. Dr. Balla is Associate Professor of Arabic language at Oakland University. Dr. Ahmed also credits Hurley physicians, Drs. Elmahdi Saeed and Seif Saeed, for helping and supporting him.

Dr. Ahmed is Board Certified in Internal Medicine. He currently serves as Vice Chief of Staff and Vice Chair of the Department of Medicine, Hurley Medical Center. He has served for five years as Member at Large, HMC Med Exec Committee. Dr. Ahmed is an active member with the Genesee County Medical Society, Michigan State Medical Society, American Medical Association and the American College of Physicians. As a resident at Hurley, Dr. Ahmed was President, House Staff Association. He also enjoys volunteering his time for local organizations including the Genesee County Free Clinic and Muslim Outreach Free Clinic.

Dr. Ahmed and wife, Ashraga, met many years ago while on vacation in Sudan. They married in 1995 and currently reside in Grand Blanc with their five daughters. The eldest, Deena, is a senior in high school. Reem is a junior and Ranya is a freshman in high school. Daughter, Zeena, is in fourth grade, and Jinan is in pre-K. The family enjoys traveling, going to the gym and playing tennis together.

Dr. Ahmed remains close with his extended family and enjoys visits both near and far. Two of his siblings live in the United

**Epic** Help Desk 810.262.EPIC

## Changing Roles?

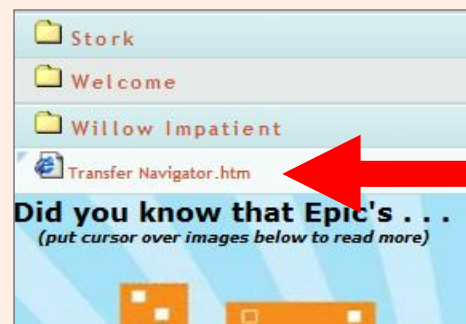
If you currently work exclusively as an inpatient physician but have plans to start working in a clinic, be aware that your workflow in Epic will change dramatically when you make the switch. The same is true for a physician that works exclusively in a clinic, switching to an inpatient role.

When you are certain that you will be making the switch, please contact the Epic training department at Dhollan1@hurleymc.com or 810.262.6980. This will allow us to help you ease your transition into your new role.

## Patient Transfer

Did you know, if a patient is transferred without the use of the Transfer navigator, there are undesirable consequences? If you would like a quick refresher course in the use of the transfer navigator

Click on the hyperlink as illustrated to the right or go to the right or go to the Epic EMR tab of the Hurley Intranet. Scroll down until you see the Transfer Navigator E-learning link on the right side of the page.



States – a brother who is an Internist in Indiana and a sister who is a Microbiologist at Tuskegee University in Alabama. Dr. Ahmed's other siblings and parents still reside in Sudan. However, just last year, Dr. Ahmed's father traveled all the way to the United States, to have his knee replacement surgery performed by Dr. Sidney Martin at Hurley Medical Center.

In addition to treating patients and serving the community, Dr. Ahmed enjoys playing volleyball and has a passion for soccer. Unfortunately, he had to give up playing soccer last year due to his knee, but enjoyed many years of playing for the Hurley Eagles Soccer Team with Dr. Orlando Filos, Dr. Seif Saeed, and several Hurley staff members and residents.

Dr. Ahmed is very proud to call Hurley his home. He remarked, "It's the only place I know." And Hurley is thankful to have him. His jovial personality is a welcome sound amongst the Hurley staff as he rounds on patients and tends to business. His leadership and clinical expertise, as demonstrated within the Hurley organization and beyond, serve as an example to all who wish to make an impact in healthcare.



Providing immediate care for your non-life threatening "urgencies."



## Urgen+Care

Urgent Care.  
Affordable Care.  
Expert Care.

Hurley Medical Center is opening an urgent care center as part of the main hospital. The urgent care facility will be located at Hurley's former emergency room, off Patrick Street. Patients will use the parking lot that had been used for the former emergency room as well.

Hurley's urgent care will begin operations September 9, offering expedited medical services for pediatric to geriatric patients suffering from various medical problems that may include allergies and colds, minor burns and stomach pains.

"The clinic was created to provide services that are more in line with federal health care mandates, as well as to address a need for more urgent-care facilities in Flint," said John Stewart, Service Line Administrator for emergency and trauma services at Hurley Medical Center.



**OPENING MONDAY**  
**SEPTEMBER 9, 2013**

**CLINIC HOURS**  
**2 p.m. to 10 p.m.**  
**7 Days a Week**

**CLINIC ADDRESS:**

Hurley Medical Center  
One Hurley Plaza, Flint  
8th Ave/Patrick St Entrance *(Inside Former Hurley ER)*