

Physician Connection

Published for the Physicians of Hurley Medical Center.



Melany Gavulic, RN, MBA Appointed Senior Vice President and Chief Operating Officer at Hurley

We are pleased to announce that Melany Gavulic, RN, MBA, has been appointed Senior Vice President and Chief Operating Officer at Hurley Medical Center. Melany comes to this role from the Senior Vice President for Operations.

In addition to her current duties, Melany will be responsible for nursing and all patient care services, ensuring patients continue to receive the highest quality clinical care, commitment and dedication to patient and family centered care, around the clock.

"I am honored to be appointed to this position. It is a privilege to be associated with a team that provides exceptional clinical care and compassion to the patients and families in the greater Genesee County community. Hurley is truly in my heart. My three children were born here, and I believe in the outstanding care we provide. At Hurley, "Clinical Excellence, Service to People" isn't just a mission statement, it's a way of life." says Gavulic.

Ms. Gavulic has been an effective member of the Hurley team for 14 years. As Senior Vice President for Operations, she worked



closely with Hurley's outstanding medical staff and employees to strengthen operations, enhance customer service and build programs. She has taken steps to strengthen our clinical service lines and has collaborated with Dr. Jaggi, our Chief Medical Officer, to increase physician satisfaction.

As a results-oriented professional with a proven track record of collaborative working relationships with physicians, staff, colleagues, and external customers, Ms. Gavulic has been successful in developing and facilitating teams that have positively impacted quality outcomes, demonstrated performance improvement, enhanced delivery of services and accomplished various departmental goals, day in and day out.

Melany is a proven leader with an outstanding management style that helps everyone work together and raise the bar of performance. She is consistently striving to help Hurley bring quality health care to the residents of our community and beyond.

Please congratulate Melany on her new role.

CALENDAR

September 12, 2011

27th Annual Hurley Trauma Center Golf Classic
Contact Angie Cuneaz
810.262.9399

September 21, 2011

Cutaneous Manifestations of Systemic Diseases
Holiday Inn Gateway Center
5:00 pm - 6:30 pm
Approved for AMA PRA Category 1 Credit™
No Charge
To register, call 1.888.611.4462

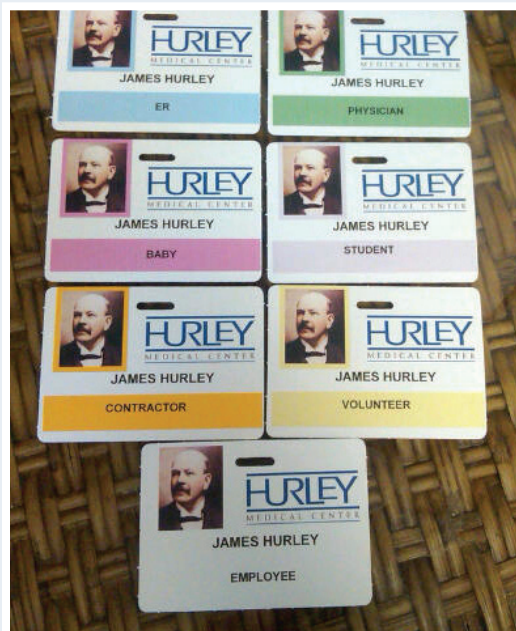
September 28, 2011

Lyme Disease: Dilemmas of Diagnosis & Treatment
Holiday Inn Gateway Center
5:30 pm - 7:30 pm
Approved for AMA PRA Category 1 Credit™
No Charge
To register, call 1.888.611.4462

October 22, 2011

(Date Change)
Endocrine Update
Holiday Inn Gateway Center
8:00 am - 12:00 noon
Approved for AMA PRA Category 1 Credit™
\$35 Tuition
To register, call 1.888.611.4462

Public Safety Department Security Updates



Hurley Medical Center is about to embark on a new project to replace the old access control system. The new system is called Premisys, which will allow Smart Card Readers to be used with this new network. The old system using barcode readers will be phased out. Having the new system means that everyone at Hurley will have to be rebadged, which includes retaking everyone's picture. The new ID card will be able to use both systems, and will allow more flexibility as the system changes over.

Along with new badges, a new color code will be used to help identify certain areas and will easily identify contractors, volunteers and students. The color-coded system will be pink for Labor and Delivery and Pediatrics, light green for Physicians, light blue for ER, yellow for volunteers, orange for contractors, light purple for students, and no color for general staff.

The rebadging and system switch over will be coordinated with the opening of the new ED. A plan is being developed to coordinate rebadging for our physicians and will be communicated when in place. Please pardon any inconvenience, as this change over will help move the hospital forward with the latest technology possible. Thank you for your support.

"LEARN & EARN" Health Screenings & Assessment Return!

Hurley Physicians Invited to Participate

For the third consecutive year, Employee Wellness is bringing free health screenings (cholesterol, blood pressure, glucose, body fat, weight) plus an on-line health assessment to all Hurley Medical Center physicians and employees beginning October 3, 2011.

This year's "Learn & Earn" screenings will be held WEEKDAYS in the Cafeteria Dining Room #1, October 3rd to October 16th from 7 - 8:30 am, 11:30 am - 1 pm and 5:30 - 7 pm and the WEEKEND of October 15th & 16th from 11 am - 1 pm. LEARN about your health risks and ways to improve them.

The online health assessment will be available to all Hurley Physicians and employees through the Health First Employee Wellness web portal beginning October 3rd. Receive important information on how to improve your overall health as well as free telephonic coaching for any participant who wants to improve specific health risk conditions.



Participants who complete both the biometric screening and health assessment will EARN a free \$10 Meijer gift card and automatically be entered into additional drawings for over \$3,200 in valuable prizes, including a \$500 Visa gift card!

PHYSICIANS: Access to the Employee Wellness web portal on the Hurley Intranet is necessary to complete the online health assessment. If you do not have access to the web portal or have questions about accessing the web portal, please contact Dawn Hiller at 810.262.6820 or dhiller1@hurleymc.com.

Sodexo Brings Café Spice to Hurley Medical Center Cafeteria

Sodexo, Inc. has signed an agreement with the award-winning Indian concept, Café Spice, to bring traditional Indian cuisine with a South Asian flair to Sodexo operations across the country, including Hurley Medical Center's cafeteria. The concept made its non-traditional university debut at Babson College in Massachusetts and at Georgia Tech in Atlanta. Café Spice opened at Hurley's cafeteria on August 17, 2011.

"The menu features traditional Indian favorites like Chicken Tikka Masala, Curry Bowls and Chicken Vindaloo, all prepared using all natural ingredients and Halal meats. Also available are Café Spice's

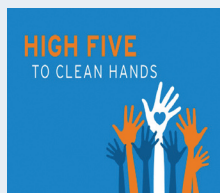
naan sandwiches, a uniquely 'made to order', folded, crispy naan bread with a variety of authentic fillings. Adding to the experience is the chutney bar where guests can customize their entrée with traditional chutneys such as mango, tamarind and mint," says Chef Steve Dunn, Sodexo Executive Chef at Hurley Medical Center.

"Indian fare plays an important role in our expanding menu as patients, visitors, physicians and Hurley Medical Center staff seek traditional ethnic flavors, including the aromatic spices and rich flavors that Cafe Spice has to offer," says Joanne Whitlatch, Director, Clinical and Nutrition Services at Hurley.

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Left to right: Chef Steve Dunn, Café Spice Corporate Chef Hari Nayak



Hurley's High Five Hand Hygiene Program

In the United States, patients get nearly 2 million hospital acquired infections each year. That's about 1 infection for every 20 patients. Infections that patients get in the hospital can be life-threatening and hard to treat. Hand hygiene is one of the most important ways to prevent the spread of infections. Hurley Medical Center has started a "high-five" hand hygiene program.

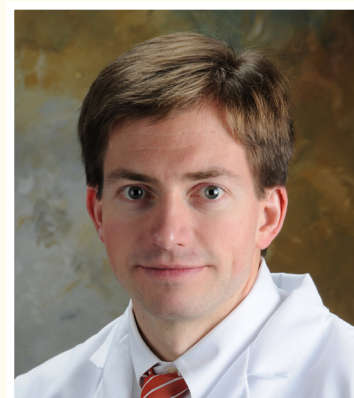
When a staff member witnesses another staff member not performing hand hygiene, hold up your hand and separate your fingers "high-five" to remind the other staff member to clean their hands. New hand soap, posters and signage are being installed throughout the medical center.

Healthcare providers should practice hand hygiene at key points in time to disrupt the transmission of microorganisms to patients including: before and after patient contact; after contact with blood, body fluids, or contaminated surfaces (even if gloves are worn); before invasive procedures; and after removing gloves (wearing gloves is not enough to prevent the transmission of pathogens in healthcare settings). All staff members are expected to WASH IN * WASH OUT. If you have any questions, please contact Ann Newell at 810.262.9459.



Left to right: Denise Charles, IC Coordinator; Ann Newell, IC Manager; Traci Sperry, IC Coordinator

Congratulations Dr. John Carr



Dr. John Carr has been selected to serve as a Member of the Pediatric Chest Medicine NetWork Steering Committee through the American College of Chest Physicians.



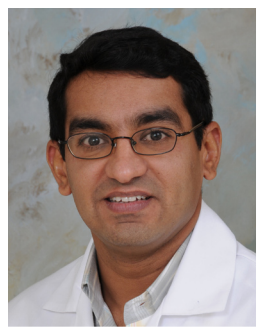
Dietetic Interns Graduate

The Hurley Dietetic Interns graduate Friday, September 30, 2011, after completing their 36-week supervised clinical practice at Hurley Medical Center and community affiliations, where they have provided patient care through nutrition assessment and education.

Members of the Hurley Family are invited to the graduation tea to recognize the interns for achieving clinical excellence and service to people. The tea will be held in CWCC on Friday, September 30, 2011, from 1 to 3 pm.

Left to right, front: Lana Coxton, John Panchuck Back row: Tara Cook, Andrea Thompson

Asthma Champion In The Making



Vijay Naraparaju MD, associate program director in Hurley's Combined Internal Medicine/ Pediatrics Residency Program, soon may have even more to offer as he teaches resident physicians and medical students about asthma care and other topics.

Naraparaju, a Michigan State University College of Human Medicine faculty member, was one of 25 pediatricians in the United States selected to participate in the Asthma Champions Leadership Training Program, funded in part by the National

Institutes for Health and the National Asthma Control Initiative of the National Heart, Lung, and Blood Institute. The \$4000 workshop is free to Naraparaju, who is expected to generate improvement plans for asthma care throughout the 6-month program.

The professional development program is led by the South Bronx Asthma Partnership and the National Asthma Control Initiative. It targets early-career pediatricians who:

- Have served as an attending pediatrician in any ACGME*-accredited residency training program with an academic appointment <7 years.
- Plan to continue as a faculty member in a residency training program for at least two more years.
- Have demonstrated leadership potential in promoting quality patient care.
- Want to actively help the future health care system to succeed.

The development program is especially designed to help those who serve geographical locations with the greatest need, such as the Flint area with its high prevalence of childhood asthma and Hurley as a community safety-net hospital. While Hurley provides excellent care to residents in many surrounding counties, disparate asthma outcomes still exist, primarily distinguished by geographical location and socioeconomic status. So, for example, children in neighborhoods around the hospital may fare worse than children in more affluent locations.

Midland Family Lose 600+ Pounds, Star in Hurley Bariatric TV Commercial



On July 29, 2011, a special family was taped for an upcoming Hurley Bariatric television commercial. This Midland family has lost more than 600 pounds, thanks to bariatric surgery. The mom, Nancy Grau, and her 3 children, who are all in college, had their procedures done by Dr. Kurt Kralovich over the past few years. We will keep you posted once the airdates are known, so stay tuned.



Breastfeeding Advocate of the Year

The Genesee County Breastfeeding Coalition is pleased to announce the recipient of the 2011 Genesee County Breastfeeding Advocate of the Year is Dr. Epifania Aranas. Selection of the Breastfeeding Advocate of the Year was based on the following criteria: the person is clear in his/her support of breastfeeding; he/she supports women to breastfeed through encouragement, accurate and timely information, advice, reassurance, affirmation, hands-on assistance and practical tips; and he/she reinforces the practice and support of breastfeeding with colleagues.

Dr. Aranas was nominated by a colleague at Hurley Medical Center. The nomination submitted for Dr. Aranas described her as "...[being] very instrumental in formulating policies and procedures to improve breastfeeding rates and breastfeeding support for our most vulnerable population in the NICU. Dr. Aranas encourages nursing staff to promote practices to improve breastfeeding success, and supports families during a very stressful time in their lives. She encourages every mother to breastfeed or provide breastmilk for their infant...She promotes breastmilk as the optimum source of nutrition with the goal of improving the health of women and their infants. Dr. Aranas is a role model for other physicians and health care advocates in the community."



Epifania Aranas, MD



Larry Young, MD

Larry Young, MD, OB/GYN at Hurley Medical Center and Hamilton Community Health Network, was also recognized for his outstanding efforts to support & promote breastfeeding.

This award is one of many activities undertaken by the Genesee County Breastfeeding Coalition. Formed in 2008, the Coalition has been successful in bringing together representatives from all three local hospitals, clinics, schools, public health and other human service agencies. For more information, contact the Genesee County Health Department at 810.257.3612 or visit the website at www.gchd.us.

Supervised/Monitored Exercise Program for Your Patients

Although most people in our community know Hurley Health & Fitness Center as the BEST fitness center in Genesee County (per Flint Journal/MLIVE poll), it's definitely more than just a premiere exercise facility.

Over 600 area physicians have referred at least one patient to HHFC's special exercise programming. The following exercise programs are unique in that they are tailored to managing the individual's specific risk and/or disease and monitored/supervised by professional staff:

- Arthritis Foundation Aquatic Program (certified Arthritis instructor)
- Arthritis for Tai Chi (certified Arthritis instructor)

- Diabetes Education & Exercise Program (R.N. monitored)
- Cardiac Rehab Phase III (R.N. supervised)
- Pulmonary Rehab Phase II (Respiratory Therapist supervised)
- Pulmonary Rehab Phase III (Respiratory Therapist monitored)
- Multiple Sclerosis (Yoga certified)

All programs are out of pocket pay with the exception of pulmonary rehab phase II which is third party reimbursable. Plus, HHFC will notify you when your patient joins and, if requested, provide progress updates.



Regardless of your patient's exercise limitations, Hurley Health & Fitness Center has a program that's right for them!

If you have questions regarding the Physician Referral Program at HHFC or would like to receive information, please call Lisa Rensberger at 810.262.2200.

Epic

REMINDER

Hurley Medical Center has delayed the "go-live" of the Epic Electronic Medical Record system until early 2012 to assure all key elements of the system are in place for a critical, flawless implementation. We thank you for your support.

Please note the following:

- We are no longer accepting Epic training registration appointments.
- If you have already signed up for Epic training, we will cancel current training appointment (September/October dates). Epic recommends physicians be trained within 60 days of "go live." Please remove your scheduled sessions from your calendar. No further action on your part is required at this time.
- We will notify all members of the medical staff of future training dates as they are determined.

DQ Miracle Treat Day Helped Hurley Kids!

The weather was perfect for "Blizzard conditions" on Thursday, August 11th when participating Dairy Queens hosted "Miracle Treat Day." For the sixth year in a row, DQs throughout Hurley's 15-county Children's Miracle Network Hospitals territory donated a minimum of \$1 per Blizzard sold to help the kids at Hurley. Results are still being tallied as this goes to press. Over the past five years, our region's Dairy Queens have donated nearly \$50,000.



*Children's
Miracle Network
Representatives*

*From left:
Archer Granger,
Drew Foster,
Tom Plunkey*

*In back:
DQ owner/
operator
Dawn Davis*