

References CME 2018 Physician Burnout & Depression: The Journey to Resiliency
Brenda Lovegrove Lepisto, PsyD

1. West CP, Dyrbye LN, Sloan JA, Shanafelt TD. Single item measures of emotional exhaustion and depersonalization are useful for assessing burnout in medical professionals. *Journal of General Internal Medicine*. 2012;24(12):1318-1321.
2. Buzzanell PM. *Communicative Construction of Resilience for Well-Being* 2018.
3. Buzzanell PM. Organizing resilience as adaptive-transformational tensions. *Journal of Applied Communication Research*. 2018;46(1):14-18.
4. Buzzanell PM. Resilience: Talking, Resisting, and Imagining New Normalcies Into Being. *Journal of communication*. 2010;60(1):1-14.
5. Maslach C, Leiter MP. New insights into burnout and health care: Strategies for improving civility and alleviating burnout. *Medical Teacher*. 2017;39(2):160-163.
6. IsHak WW, Lederer S, Mandili C, et al. Burnout During Residency Training: A Literature Review. *Journal of Graduate Medical Education*. 2009;1(2):236-242.
7. Dyrbye LN, West CP, Satele D, et al. Burnout Among U.S. Medical Students, Residents, and Early Career Physicians Relative to the General U.S. Population. *Acad Med*. 2014;89:443-451.
8. Joules N, Williams DM, Thompson AW. Depression in Resident Physicians: A Systematic Review. *Open Journal of Depression*. 2014;3:89-100.
9. Mata DA, Ramos MA, Bansal N, et al. Prevalence of depression and depressive symptoms among resident physicians: A systematic review and meta-analysis. *JAMA*. 2015;314(22):2373-2383.
10. Campbell J, Prochazka AV, Yamashita T, Gopal R. Predictors of persistent burnout in internal medicine residents: a prospective cohort study. *Acad Med*. 2010;85(10):1630-1634.
11. Kroenke K, Spitzer RL. The PHQ-9: A New Depression Diagnostic and Severity Measure. *Psychiatric Annals*. 2002;32(9):1-7.
12. Richardson GE, Waite PJ. Mental health promotion through resilience and resiliency education. *International Journal of Emergency Mental Health*. 2002;4(1):65-76.
13. Lillie HM, Venetis MK, Chernichky-Karcher SM. "He would never let me just give up": Communicatively Constructing Dyadic Resilience in the Experience of Breast Cancer. *Health Communication*. 2017:1-9
14. Hall LH, Johnson J, Watt I, Tsipa A, O'Connor DB. Healthcare Staff Wellbeing, Burnout, and Patient Safety: A Systematic Review. *PLoS ONE*. 2016;11(7):e0159015.